

# Online Bulletin

The Parish Church of St Luke  
Burlington, ON

**Week of March 9<sup>th</sup>, 2025**

**✻ PARISH OFFICE HOURS ✻**

**Monday** 9 am – noon, **Tuesday, Wednesday, Thursday:** 9 am to 3:30 pm, **Friday:** Closed

## OUR WEEKLY GATHERINGS

*Bible Study* Mondays 1pm [sheilaplant134@gmail.com](mailto:sheilaplant134@gmail.com)

*Knitters and Friends* Tuesdays 10-12 (Room 201)

*Centering Prayer* Wednesdays 2 pm [stuartpike1@gmail.com](mailto:stuartpike1@gmail.com)

*Prayer Shawl Ministry* Thursdays 1:00 pm

*Choir Rehearsal* Thursdays 7 – 8:30 pm [jgoodine@stlukesburlington.ca](mailto:jgoodine@stlukesburlington.ca)

*Faith & Fellowship* Saturdays 9 am [stuartpike1@gmail.com](mailto:stuartpike1@gmail.com)

## MONTHLY

*Outreach* Thursdays 10 am [rosreycraft@hotmail.com](mailto:rosreycraft@hotmail.com)

*Ruth & Naomi* 2<sup>nd</sup> Sunday of the month 11:30 [sheilaplant134@gmail.com](mailto:sheilaplant134@gmail.com)

## WORSHIP @ St. LUKE'S

SUNDAY 8.15 am Holy Communion – *Traditional*

SUNDAY 10 am Holy Eucharist – *Contemporary (livestreamed)*

WEDNESDAY 10 am Holy Communion - *Traditional*

*Also online:*

TUESDAY 4 pm *Evening Prayer*

SECOND FRIDAY 4 pm A *Taizé* service

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As we head into the season of Lent we are looking forward to another busy time with several special services as we move towards another Easter season:

March 9	8:15 and 10:00 am	Lent 1: Holy Eucharist
March 14	7:00 pm	Taizé
March 16	8:15 and 10:00 am	Lent 2: Holy Eucharist
March 23	8:15 am	Lent 3: Holy Eucharist
	10:00 am	Lent 3: Celtic Eucharist
March 30	8:15 and 10:00 am	Lent 4: Mothering Sunday Holy Eucharist

## Hello from St Luke's Sunday School

Last Sunday we had an exciting first. We have been asking for volunteers as you know. Well, last Sunday we had three volunteers: Louise Neville, Olivia Walker-Edwards, and May Frank. We had a wonderful time getting to know each other around God's Story of the transfiguration and we are thrilled to have them with us on a regular basis.

As we move into Lent, we are excited about learning deeper ways that God calls us through self-giving and service to others. We would love to hear how you are preparing for Lent. Join us next Sunday at Kids Time in church and feel free to share your thoughts and experiences with us. Wishing all our friends in big church many blessings on the road to Easter.

St Luke's Sunday School 

### EASTER FLOWER MEMORIALS - Easter Sunday is April 20

If you would like to remember a loved one(s) by donating to our Easter Flower Memorials

Please submit your wording (print clearly) & donation

\*\*\* to the CHURCH OFFICE marked Altar Guild – Chris Hughes

OR

\*\*\* MAIL TO: Chris Hughes, 1245 Richmond Rd., Burlington, ON L7S 1K5

PLEASE do not put them on the collection plate

DEADLINE for submissions: Monday, March 30

(cheques should be made payable to St. Luke's Altar Guild)

These flowers are used to decorate the church for Easter & most are delivered to our shut-ins following the Easter morning services.

For more information call Chris Hughes (905-632-9535)

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### ALSO, A REMINDER - We need your help to deliver Easter plants!

Following our Easter Day services, plants are delivered to our parishioners in nursing homes or confined to their own homes. The Altar Guild will be handing out the plants & delivery cards - in the church, following the last service on Easter Day - and can be delivered either that day or during the first part of the week.

A sign-up sheet for volunteers will be available late March

## **ALONGSIDE HOPE – PWRDF**

### Protecting lives and upholding dignity

Protecting lives and upholding dignity is vital in the work of Alongside Hope. The number of people today requiring urgent humanitarian assistance is more than 300 million. The numbers of those displaced – experiencing violence or seeking food – are increasing at a time when we are seeing less funding and, as we have seen in the United States, abrupt and deep cuts to food assistance, vaccination and health care programs, malaria prevention and life-saving treatment for HIV and AIDS. These cuts increase risk to millions of already vulnerable people, our neighbours around the world. Yesterday, the ACT Alliance issued a statement decrying the cuts. “The policies of the US Administration are having a devastating impact on the most vulnerable populations around the world... We urge the US Administration to reconsider its policies and ensure that humanitarian aid reaches those who need it most.” Alongside Hope stands in solidarity with ACT Alliance (of which we are a member), as well as our other partners in advocating for the protection of humanitarian aid and the dignity of all individuals.

Alongside Hope, as a ministry of the Anglican Church of Canada, cherishes the values embodied in Micah 6:8 – kindness, justice, mercy and walking humbly with God.

To read the whole article go to [PWRDF.org](http://PWRDF.org) and click on News.

To donate, make cheques payable to St Luke’s Church and on the memo, line write Alongside Hope Health programme. Thank you for your support. Jackie Maver 905 681 6097.

### **St. Luke’s Speaker’s Lunch on March 13<sup>th</sup> presents;** *Halton Source Water Protection Planning*

Bob Edmondson, the Chair of Halton-Hamilton Source Protection Committee will tell us of his experience with water supply issues and challenges. We will learn more about the Walkerton Tragedy and the subsequent inquiry. Also, how the Source Water Protection and Clean Water Act helps to ensure our access to safe drinking water and what threats and vulnerabilities exist. And more . . .

### **Everyone Welcome!**

Doors open at 11:30am, with the presentation commencing about 12:20pm. Bring your own lunch and we will provide the refreshments.

A free-will donation of \$5 is appreciated.

## **TOURTIERE SALE – SUNDAY MARCH 16<sup>th</sup>**

The Pie Makers will be selling tourtières after both services on March 16<sup>th</sup>.

Prices remain the same. \$25 for large family size. \$9 for small or 3 for \$25.

Please bring your own bag. Exact change is very much appreciated or make cheque payable to St. Luke's.

Hope so see you then and don't forget to let your friends and family know! Thank you for your support.

## **DOWNTOWN COMMUNITY LUNCH**

**The next Community Lunch will be on March 19th.** Doors open at 11:00 for a social time and lunch is served at noon. The lunch is open to all and is free. Come for good food and conversation.

## **"Aging Well Clinic" at St Luke's**

The Burlington Family Health Team (BFHT) is a primary care organization that provides access to interdisciplinary care in Burlington.

This team of healthcare professionals provide assessment, treatment, education and health promotion services that focus on early identification and intervention, illness/disease prevention, health promotion as well as support for self-management of chronic health conditions.

The Aging Well clinic offers this health screening for people 55+ in Burlington to help identify risk factors that develop as we age and could contribute to various health conditions.

We are delighted that this clinic has now collaborated with St Luke's to have the screening and assessment clinic in our church. It will take place every 2<sup>nd</sup> and 4<sup>th</sup> Thursday afternoon of the month. It covers various aspects of aging well, understanding common health challenges faced by seniors, and exploring resources available in our community to support healthy aging. Best of all, the clinic is of no cost to the community.

You will need to make an appointment for your 1/2 hour assessment at [www.burlingtonfht.com](http://www.burlingtonfht.com) or call (289) 962-1064. Remember, the Burlington clinic is supported by funding from the Government of Ontario.

Any questions? Call Janice Skafel at 905-617-1941 or Heather White at 905-467-2922

## ST. LUKE'S GARAGE SALE

Once again, Melanie Walker announced that "Mark's Second Annual Garage Sale" will be held on Saturday, May 31, 2025. The event name is really called the St. Lukes World Famous Huge Community Garage Sale, but I get it, Melanie wanted to invoke my Celebrity Verger persona! Watch for me on the talk-show circuit closer to the event. If last year's success is any indication, we're going to hit it out of the park this year! Of course, volunteers are key so if you're willing, or like me, your partner "voluntells" you, just send me a note to [stlukesgaragesale@gmail.com](mailto:stlukesgaragesale@gmail.com). Just a hint: I respond faster to text so you can also message at 416-230-1786.

**You're invited to start putting your donation aside. Please note we do not have any storage space at the church or hall.**

**Here are some treasure hunting suggestions:**

**Electronics:** Record Players, Radios, Speakers, Amplifiers, Music Equipment, Flat Screen TVs & Monitors, Cameras, Portable, Printers, Laptops, Video Games & Consoles, Accessories.

**Small Appliances:** Kitchen Gadgets, Toasters, Coffee Makers, Crock Pots, Sandwich Makers, Mixers.

**Sporting Goods:** Exercise & Sports Equipment, Adult & Children's Bicycles, Children's play equipment.

**Adult & Children's Clothing:** Skirts, Sweaters, Dresses, Blouses, Pants, Handbags, Jackets, Blazers, Suits, Shoes, Hats, Sportswear, Scarves, Shorts, Golf Shirts.

**Furniture & Home Décor:** Indoor & Outdoor Tables & Chairs, Lamps, Dressers, Knick Knacks, Baskets, Wreaths, Artwork, Rugs.

**Toys:** Building Blocks, Board Games, Puzzles, Laundered Stuffedies, Dolls, Action Figures, Balls, Children's Sports Equipment.

**Linens:** Drapery, Blankets, Sheets, Towels, Bathroom/Kitchen Rugs, Throw Pillows, Duvets.

**Kitchenware:** Pots, Pans, Dishes, Cups/Mugs, Glassware, Tea Pots/Sets, Cutlery, Mixing Bowls, Carafes, Bakeware, Roasting Pans, Children's Kitchenware too!

**Luggage:** Roller Boards, Carry-ons, Backpacks, Duffle Bags, Toiletry Bags, Travel Size Toiletry Containers.

**Books, Music & Collectables:** Fiction, Non-Fiction, Business, Travel, Art, Christmas, Children's, Baseball & Hockey Cards, Stamps, Coins, Vinyl Records

**Jewellery:** Handmade, Unique, Modern, and Vintage Jewellery.

**Hardware:** Hand Tools, Lawn & Garden, Drills, Saws, Nail Guns, & Compressors.



Happy Treasure Hunting!

Mark Edwards – Celebrity Verger & Garage Sale Head Honcho  
*Pictured here with his Public Relations Team (Jacob and Thomas).*

## OFFERTORY BEARERS

(an important part of St. Luke's worship)

At the beginning of the Offertory hymn the bread and wine (gifts of the people) are brought to the Altar by two members of the congregation and are presented to a server at the altar rail in preparation for consecration before Communion. The bread, wine and the collection presented by the sides people at the end of the hymn represent our lives, our work, our recreation, our families, and our community. In other words, we offer to God all that we have and all that we do. This is called Stewardship. If you are willing to be a member of one of our Offertory teams, please contact Rev. Sheila Plant or Terry Raybould (email [pokeyc@icloud.com](mailto:pokeyc@icloud.com) or phone (905-681-2816)

## ANGLICAN JOURNAL/NIAGARA ANGLICAN

If you would like to subscribe, please contact 416.924.9199 or 1.866.924.9192 ext 245

## PARISH EMAIL LIST

Are you receiving the Rector's weekly email? If not, please contact the office at [office@stlukesburlington.ca](mailto:office@stlukesburlington.ca) so we can add you to our list.

## OUR WEEKLY GATHERINGS

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## Men's Faith and Fellowship

We meet every Saturday morning from 9 am to 10:30 pm, now using hybrid model: You can come in-person to the board room in the Parish Hall, or you can attend from home viz Zoom. We look at the readings for the week, or sometimes we watch a short video and discuss a book of the Bible. All men are welcome.

**Outreach** [rosreycraft@hotmail.com](mailto:rosreycraft@hotmail.com)

**Knitters & Friends**...continues to meet in person in Room 201 of the Parish Hall, 10 am – noon, Tuesdays. **Anyone interested in joining is welcome to drop in. Come for the crafting, stay for the company! All skill levels and hand crafts are welcome.**

**Online weekly gatherings** (Zoom)

Men's Faith and Fellowship Saturdays 9a.m. Contact [stuartpike1@gmail.com](mailto:stuartpike1@gmail.com)

Bible Study – Mondays 1:30p.m. Contact [sheilaplant134@gmail.com](mailto:sheilaplant134@gmail.com)

## Calling on Your Clergy

If you, or someone you know, could benefit from a phone call, a visit, or any other form of support from your parish clergy, please do not hesitate to make it known to any of them or to the parish office.

## Worship Services Online

At our parish blog [www.stlukesburlington.blogspot.com](http://www.stlukesburlington.blogspot.com)...Tuesday Evening Prayer after 4:00p.m., Sunday Holy Communion 10:00a.m. **We live stream our 10 am Sunday service on this link:** [www.youtube.com/channel/UC03TRMBsM7-AH8-XU\\_ZBXAg/live](http://www.youtube.com/channel/UC03TRMBsM7-AH8-XU_ZBXAg/live) **You can find all our online services at our Youtube channel, [www.youtube.com/stlukeburlingtonniagara](http://www.youtube.com/stlukeburlingtonniagara)**

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