

ST. LUKE'S

NEWSLETTER - SUMMER 2024



A Vision of Church Avenue Revitalized - Page 7

Calendar of Events and Services Page 20



Rector's Message

I write this message on the same day that the Baltimore Orioles have returned to visit our backyard to drink from our hummingbird feeder. Their flashes of bright orange and black are a very welcome promise of the approaching summer. The wonderfully abundant blooms of trees and flowers also signal a great shift from the hardship of winter towards the relative ease of summer.



Today is also the day before I fly off for a five-day retreat to a spiritual home for me: the Monastery of the Society of St. John the Evangelist (SSJE) where I travel most years for a (mostly) silent retreat. The first prayer of the day starts at 6 am; the fifth (last) prayer is Compline at 8:30 pm and there is a daily eucharist. My Rule of Life as an Associate of SSJE includes keeping healthy in body, mind and spirit so part of my retreat also includes a daily trip to the gym. And I will plan to visit at least one Art Gallery as a continuation of my Sabbatical Work on art which started last year. I am conscious that this pattern of yearly retreat is an annual echo of the weekly sabbath which is part of every Christian's covenant which includes work, worship, fellowship and rest. In a society which seems always to be over-programmed and filled with increasing stresses, it's important to turn to the precepts of your faith to give you spaciousness in life for body, mind and spirit.



There are so many activities that we do here at St. Luke's: everything from Parish Life and times of celebration, to outreach projects that help us to walk the walk of our faith, and not just talk the talk. But it is also important to find quietness, stillness and peace as well to be balanced in your journey.

Please read the rest of this Newsletter to find out about all the opportunities for worship, ministry and fellowship. There's a lot going on - especially in this our 190th year. But also keep your eyes open for opportunities for sabbath and rest. I hope that you can find time for this in the summer ahead. Do remember that wherever you may go during the summer, it is always possible to join us for Sunday worship as well as Evening Prayers and Taizé services through our online links at www.stlukesburlington.ca (just scroll down to "Virtual Service.")

Summer blessings to you,

Canon Stuart Pike

Stuart



From the Rev. Michael Coren

I'm generally at St. Luke's three Sundays out of four, being under contract to preside and preach at Christ Church, Flamborough the first Sunday of each month. Although I'm half-time at St. Luke's, I enjoy the ¾ commitment on Sundays and relish the continuity. I also preach and preside at the Wednesday 10am service every second week or so. Obviously when Stuart is away these commitments expand but that's not a problem. I see several people once a month for spiritual guidance, conversation, and sometimes to provide financial help. I lead the Faith and Fellowship Saturday morning Bible study when Stuart is away, otherwise I just participate. I take Communion to members of the congregation who are in hospital – sometimes Joseph Brant but also Oakville Trafalgar – it's easier for me because I'm driving in from Toronto so it's on my way to St. Luke's. I lead services at Heritage Place once a month.



I led one of the evenings for the Inquirers' Course and participated in all but one of the others. During Holy Week I was very busy – we all were – and preached several times. Loved it. I take home communion to several people, with Easter visits following.

I also represent the parish at the ecumenical lunches that are held once a month – around half a dozen different churches are there. I think it's a good thing to fly the flag, etc. Alas, we have to provide our own food! I'll also be the speaker at the Bishop's Company dinner this year, and will, of course, make it clear that St. Luke's is the finest parish in the diocese. Various other duties, as requested. And always a great pleasure.

Blessings *Michael*

Our Church Directory is Online!

You can view our church directory online or via the FREE mobile app today.

To view the directory online, go to members.InstantChurchDirectory.com and follow the prompts under "Sign In" to "Create a login now." Please remember, you must confirm your email address before you can sign in.



There is also a free mobile app available for download at the Apple® App store in iTunes®, Google Play store and the Amazon Fire App Store. Simply search for "[Instant Church Directory](#)" to get the download.

You will need to use your email address as listed in our directory to create a log-in the first time you use the directory online and via the mobile app. For security reasons, you cannot access the directory unless you are on the parish list.

Need help or have questions? Contact: Wendy Murray 905 333-4258 wmurray4@cogeco.ca & Ros Reycraft 905 635-3976 rosreycraft@hotmail.com

FROM THE MUSIC DIRECTOR



In this article, I thought I would revisit a subject which I've touched on in a past newsletter: hymn selection. I have been asked on more than one occasion, "How do you choose the hymns for Sunday?" The short answer is that it is a careful, prayerful process, with consideration of several factors: readings, place in the church calendar, and place in the liturgy.

At St. Luke's, we usually have seven hymns per Sunday: Processional (Opening), Gradual (before and after the reading of the Gospel), Offertory (during which the offering is collected and brought forward, and the altar is prepared for the celebration of the Eucharist), Communion (commonly there are three, during which the Eucharist is received by the congregation), and Recessional (Closing).

I begin my selection process with the readings for that particular Sunday, which are taken from the Revised Common Lectionary. This consists of three years of readings (A, B, and C) – Old Testament, New Testament, Psalms, and Gospels – which are used in rotation. I look for themes and references, writing down any hymn titles that occur immediately to me. If a read-through does not result in a complete list, I turn to the other resources.

The seasons of Advent, Lent, and so on have general themes that will provide inspiration. Help also comes from where in the liturgy a hymn is needed: first and final hymns should be well-known and should book-end the service. Is it for Communion? The general theme of the Eucharist applies; these are usually slower or more meditative tunes. The Offertory? Gifts and talents, offering of ourselves. Finally, congregational repertoire: which are the "favourites"? Which hymns have inspired the congregation in services past?

If a complete list is still not achieved, another source is the Biblical Index, found in the back of our hymn book, Common Praise (pages 937-944). In this index, each reading from the Revised Common Lectionary is listed (in the order of the books of the Bible), followed by several hymn suggestions. The considerations of the congregational repertoire (mentioned above) also come into play here; is a hymn known? If not, is it easy to learn? Is there potential to make it a new "favourite"?

It takes at least an hour per service to arrive at a complete list of hymns, an hour which is spent in prayerful consideration. Sometimes it can take longer, if the readings are challenging in their themes and enigmatic in their meaning. Once the process is completed, the hymns are submitted to the clergy for final input.

Though at times challenging, it is a rewarding process, and, I hope, results in a worship service which enriches, inspires, and uplifts. As our Rector, Stuart, has often said, when we sing, we pray twice!

I hope you have enjoyed reading about this process as much as I enjoy the process myself. Happy singing!

Pastoral Associate's Report

Long Term Care Chaplaincies

If you've been around St. Luke's long enough, chances are you know that our parish takes monthly worship services of Holy Communion to several Long Term Care homes in the vicinity of Burlington.

These services are led by our parish clergy, and often, our own Mavis Brown provides the music for the hymns, whether on a piano, or even a small organ!

I know that some of you readers of this newsletter actually live in one of these Long Term Care homes.

So, these pages also serve for friends and members of St Luke's that they may stay in touch with the life and ministry of our congregation.

These worship services, while essentially the same, have each their own characteristics. How far are they from St Luke's; what sort of room do we meet in for worship; how many attend, even how lively or quiet it can be. And yet, they are all the worship of a Christian community, gathered around the sacrament of the altar in Christian fellowship.

I encourage you to pray for these communities, and their friends, and in thanksgiving for all who serve them, even our own Mavis, and our clergy!

Your friend, *Leonel* Leonel Abaroa-Bolona (The Rev'd Dr.)
Pastoral Associate, *St. Luke's Anglican Church*
Burlington, Ontario
289 887 7522 (*Emergencies*)



Warden's Thoughts for The Spring Newsletter



Every time I sit down to write this letter. I am amazed at what the people of St. Luke's have accomplished since the last writing. So many people to thank and so many blessings to be thankful for. As the icon to the right celebrates, we build our church by working together. One highlight of the last three months was certainly the Easter celebrations that so many worked so hard to make special. It was great to see such a full church and renew acquaintances with a number of people I have not seen for a while. Other highlights include two wonderful Music at St. Luke's events, the return of sending teams to El Hogar in Honduras, anniversary celebrations for the Community Lunch, and the growing plans to celebrate our 190th anniversary. All are covered in later parts of this newsletter.

Looking ahead, Parish Council is updating our parish Mission Action Plan that was developed several years ago. While some projects like the accessible washroom and Church Avenue revitalization are still progressing, and we have restarted Sunday school in a limited way, there is still much to be done. Certainly one focus will be consolidating and expanding Sunday School and youth ministry, a very difficult challenge with a history of less than successful approaches. More to come on this.

On the accessible washroom, we have vestry approval, Diocese approval, funding based on a bequest in hand, City approval of our minor variance request, and zoning clearance. The building permit has been applied for and is pending so we should have firm construction plans by the next newsletter.

As most of you are aware, we have a committee looking at how we could develop Church Avenue into a park-like setting to provide a spiritual and recreational space for both parishioners and the community. When we talked to city staff, they were very excited about the idea and helped with some conceptual sketches. We jointly presented to City Council to confirm their interest and to allow staff to continue to work with our committee to confirm feasibility. We are clear that St. Luke's retains ownership and all decision making, and parking access similar to our traditional agreements. One idea is for the city to, at their expense, relocate the drive into the parking lot so there would be a continuous green strip of land from Elgin St. through to Lakeshore. While our Church Avenue Committee is enthusiastic about all these plans, there are still many details to work out, other partners to engage, grant requests to submit, and legal frameworks to develop. While we are allowing the use of our very valuable property, our plan is to have the work funded by other interested partners we will engage with.

St. Luke's Church Avenue Project

We hope to develop Church Avenue into an inviting avenue to and from the lake, a place of reflection, contemplation, celebration and comfort, a place to sit, stand, walk and play together while adding to the walkability of the downtown area. Once the basic infrastructure is in place, many cultural and historic displays can be imagined. It is our desire to share this spiritual place with the community while retaining full ownership.

In order to achieve these goals, we propose a partnership/working relationship with the city to plan and develop a public easement on our Church Avenue property. Our vision includes a wide pathway from Elgin Street to Lakeshore Road, several seating areas and gardens, a peace pole and basically a lovely, lush place for gathering, walking, meditating, and enjoying the outdoors.



CHURCH AVENUE - VIEW FROM ELGIN ST. LOOKING TOWARD LAKE (P1)



From the Deacon's Diary

I have shared this message with you in a previous newsletter, but as we look forward to warmer weather and the summer months and we tend to start putting the busyness of our everyday lives in a lower gear, I thought maybe it was time to revisit it and put our lives back into perspective.



The last few months have indeed been very full at St. Luke's. One only has to read the bulletin on a Sunday morning to see the wide variety of activities that are going on. I hope that in the midst of all this, you are able to take some time for you. As I often say to people, you need to be gentle to yourself.

There is a passage from the gospel of Mark that I keep close to me and it is one that I need to refer to every now and again when I feel "overloaded".

"The apostles gathered around Jesus and told him all they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest awhile." For many were coming and going, and they had no leisure time even to eat." (Mark 6:30-31)

In our highly stressed, busy society it is important that we maintain this picture of Jesus in our minds. He knew when it was time to withdraw to seek a new spiritual landscape and to correct his perspective. There were many occasions where he needed to turn his back on harsh reality and seek rest. Flight might have been prudent, but he chose prayerful withdrawal for replenishment and re-creation. Time and time again, he withdrew from his teaching, his healing and his preaching. He left behind those who wanted to share a meal with him, those who wanted to touch him and those who just wanted to put their hand on the hem of his robes.

Most of us are tightly scheduled burdened with all manner of obligations so that the idea of walking away, simply withdrawing from the demands of the alleged "real" world seems almost impossible. Jesus shows us a rhythm of going out and coming back, of departure and return almost like the regular life-giving rhythm of breathing.

Did Jesus shirk his responsibilities? Was he chastised for dereliction of duty? In his gospel, Mark tells of how at sundown, all who were sick or were possessed with demons were brought to his door. He cured many of the sick, and then in the morning while it was still dark, he got up, went to a deserted place and there he prayed. The disciples then have to hunt him down and tell him everyone is looking for him. Instead of returning to the town, he tells his disciples "Let us move on to a neighbouring town." We might well ask what gave Jesus the right to walk away from all those people who needed him. He did not do this out of indifference or being hard hearted, but he did it out of the need to renew, refresh and redirect himself.

From the Deacon continued

How often do we see today various comic strips that portray a mother escaping to the relative calm and peace of a soaking tub only to be disturbed by children banging on the door with requests and complaints that were nowhere in evidence a short time ago. For us to go away by ourselves to rest and escape the “everyday” is not an exercise in selfishness. It is however, a practice of self care that is highly beneficial for our well being. How many times do we protest; I don’t have time; I’m too busy; I’ve got a deadline to meet. These should not be used as excuses to prevent self healing because they will always be there. They are a part of our life. Whether we go away for a short time, or long time everything will still be there waiting for us when we come back.

Just like Jesus, our need to refresh and renew is always placed squarely in the midst of life’s demands and “real life” will be waiting our return. Our retreat away is a limited time of engagement from the world’s concerns to make possible a deeper engagement with God and our own best self.

A retreat is time away from our workaday surroundings. We might picture an ancient monastery or place of great natural beauty. We are more attentive to prayerfulness when the environment is filled with reminders that lead us to prayerfulness. Silence, art, music and worship by a religious community are all things we look for in a retreat. Worship within a religious community can be so nourishing, that prayer soaks into the walls of the chapel and floats in the air. But this type of retreat is not for everyone. We need to learn how to pray, how to be silent and how to let the power of God be absorbed into our very being.

In our busy world, full of external stimuli, we are surrounded by “stuff”. As solitary shepherders, or a lighthouse keeper on a remote island, or the nomads of the desert, or the Inuit eking out an existence in the far north, the idea of going apart would seem absurd. We would have no need to seek solitude and clear the clutter of our souls.

So, just as Jesus did, we need to remove ourselves from everything that surrounds us, walk away, find a quiet place for an hour, a day, a week, or however long we need, to refresh, recreate and nourish our souls. When we come back, everything is still there; we just see it in a different light. The spreadsheet you were working on suddenly falls into place or timetabling our children’s sports schedule suddenly becomes more manageable. Nothing changed while you were away, but when you return you are more able to face each new challenge, as well as the old ones with a renewed spirit.

The next time everything is getting you down and you say, “I’m running away!”, then do it. You don’t have to go far, but the journey back will bring new meaning and a renewed energy to you.

“Come away to a deserted place all by yourselves and rest awhile.”

May God grant you peace in your soul and faith in your heart.

Sheila Plant

When the Spirit Passes By

As many of you are aware, I lost my brother in April unexpectedly. I want to express my deepest thanks, and gratitude to all of my St. Luke's family with the outpouring of support, acts of kindness and love that I received. I have been truly overwhelmed and the pain of this loss has been tempered by everything you have all done for me. I have experienced that angels really do walk among us.

To that end I want to share a passage from one of my favourite books, "Ladder to the Light" by Steven Charleston.

"A hush comes over the garden about twilight, when the light turns to lavender and the first night breeze has cooled the air. A stillness settles on the earth. The flowers bow their heads. The birds come to roost in the trees. Even the little brook that runs beyond the backyard fence seems to cease its childlike chatter. Quiet comes to creation. I stand motionless beneath the rising moon, arms outstretched to welcome the arriving stars, whispering the ancient prayers of past generations., the vespers of my tradition. I lower my head in awe and admiration. The Spirit is passing by! Be still. Be aware. She walks the garden in her dress of evening shadows."



Submitted by Sheila Plant

Prayer Shawl Ministry

A group of ladies continue to meet regularly on a Thursday afternoon to share fellowship, a cup of tea and of course, the latest prayer shawl they are working on.

In March we lost Glen Hastings who was a dear parishioner. Prior to the funeral I gave Marilyn and her two daughters, Nancy and Sandra, a prayer shawl each. They were deeply touched by the shawls and put them on immediately. Marilyn chose to wear hers to the funeral and she found it to be a great comfort.

In speaking with her a couple of weeks ago, she says she still wears it. We have had many positive comments from those who are recipients of these shawls, and we are pleased to be able to provide a source of comfort.



Sheila Plant

Ruth and Naomi

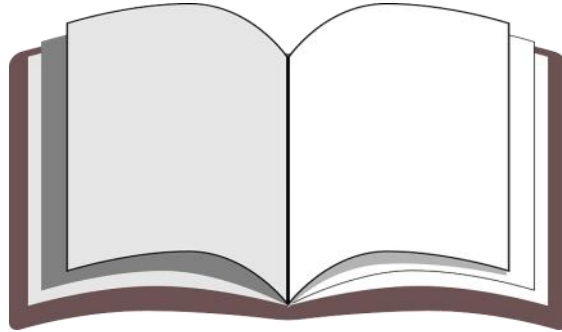
At the time of writing, the Ruth and Naomi group is gearing up for what has become our annual spring potluck before taking a break for the summer. During the past few months, we have welcomed several new ladies to our midst and appreciate their presence among us. All widows are welcome to join us on the second Sunday of the month in the parlour at 11:30.



Rev. Sheila Plant
Parish Deacon



Life Passages



February

Shirley Barker
Helen Edwards
Joan Paradine
Sheila Woodward

March

David Humby
Glen Hastings

April

Freda Finn
Phyllis Alexander
Peter Robertson

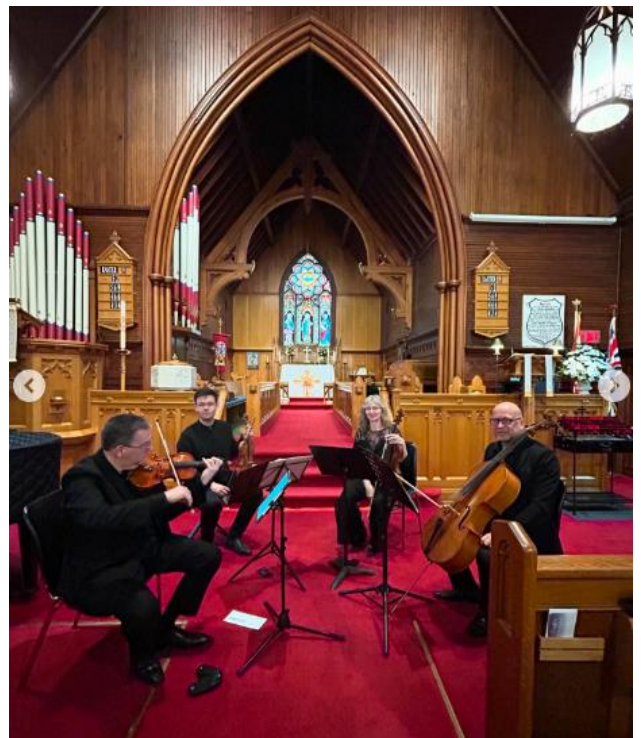
We sincerely apologize if any names have been omitted. It is not intentional. As you are aware, we are not conducting funerals in the same way as we were, so we do not always hear about the passing of someone. Please let us know if a name has been left off our page.

"We can't know why the lily has so brief a time to bloom in the warmth of sunlight kissed upon its face before it folds into its fragrance and bids the world good night to rest its beauty in a gentler place."

St. Luke's 190th Anniversary Celebration—Join in!!

2024 is the 190th anniversary of the founding of St. Luke's in 1834. The 190th Committee is planning lots of special events. Here is a current list but there are others still in the planning stages.

- May 25th 7:30 pm—Harlequin Singers present Broadway hits at 7:30pm in the Parish Hall
 - June 22nd 2:00 to 4:00 pm—Strawberry Social open to the community, free will donation
 - August 5th Historical Society Heritage Week—Artists painting St. Luke's in the grounds
 - August 10th - Doors Open
 - September 13th 7:00pm—C.S. Lewis presentation—a one man show \$20
 - October 21st—Evensong
 - October 26th—Parish Dinner with Silent Auction
 - December 15th 1:30pm—SOLO (Southern Ontario Lyric Opera) Concert
- Already past is a concert in the church by a quartet from the Burlington Symphony. If you missed it, here are some pictures.



SATURDAY JUNE 1ST

THE ST. LUKES

WORLD FAMOUS HUGE COMMUNITY

GARAGE SALE is BACK!

WRANGLE GREAT DEALS

Plants • Vintage • Jewelry • Books

Furniture • Tools • Toys • Clothing

Household Items • Baking & More!

BBQ LUNCH AND REFRESHMENTS SERVED BY OUR RANCH HANDS

MOSEY ON DOWN

8am to 1pm SATURDAY, JUNE 1ST

St Luke's Church Hall 1382 Ontario St, Burlington

Contact stlukesgaragesale@gmail.com for more info

A Poem by Joelle Watson - one of our newest parishioners.

Joelle Watson wrote this poem when she was a commuter travelling on the GO Train “the green and white octagon” as she reflected on people glued to their electronic devices while the power-lines ran in parallel beside the tracks. Joelle is also one of our newest members of Centering Prayer - a Contemplative Prayer practice ever Wednesday from 2 to 3:30 pm in the Boardroom (also a hybrid meeting with a zoom option each week.)

The Inside Track

I have grown tired of the internal/external
Visions from inside the green and white
octagon, where
I see the misplaced hydro towers
In the midst of beauty and shame
Digging their heels into the soft unsuspecting
earth



An absolute tragedy of evolution
As only slices of nature’s artwork that
Once held the solitary ownership
Now endures the rape and pillage of progression.

Illumination for all, through metal and wires
Only a glimpse for me
Rushing by on the rail to exoneration
La Terre getting sparser, more
Decrepit as the train closes in on it’s pre-destination
The towers so proud and tall
Staking their claim
Squatter’s rights in a new millennium
Of comfort and luxury
Counting kilowatts like a miserly king’s fortune
Click...click...click....

Who reaps the profits of Godly creations? Now defunct
Replaced with spiritless souls
Who travel along in hopes the earth
Will continue to revolve and grow
Around the endless circle of daily routine
A sea of blank faces, lined up like little tin soldiers
No thought of bulrushes that line their journey
In overgrown splendor
No time to appreciate the view.

Thoughts are buried in printed word
Manufactured by the light of the intruders
Who oversee the land, sending reminders of their presence
Through surges of powers, igniting helpless minds,
Motivating their destination and purpose.
No time to hold the earth in our hands
And feel the cool, thick promise of rejuvenation
All of us captured without life
Traveling on the inside track.

December 5, 2001 - Joelle Watson

Calender of Events and Services

There is an 8:15 and 10 am Eucharist Service Every Sunday

<u>DATE</u>	<u>TIME</u>	<u>SERVICES AND EVENTS</u>
June 1st	8:00 am to 1:00 pm	GARAGE SALE (See page 14)
June 2nd	8:15 and 10:00 am	2 Pentecost
June 9th	8:15 and 10:00 am	3 Pentecost
June 9th	3:00 pm to 5:00pm	Legacy Society Wine and Cheese
June 14th	7:00 pm	Taizé (online only)
June 16th	8:15 and 10:00 am	4 Pentecost & Sunday School
June 23rd	8:15 am	Indigenous Sunday
June 23rd	10:00 am	Indigenous Sunday and Baptism
June 30th	8:15 and 10:00 am	Canada Day
July 7th	8:15 and 10:00 am	7 Pentecost
July 12th	7:00 pm	Taizé (online only)
July 14th	8:15 and 10:00 am	8 Pentecost
July 21st	8:15 and 10:00 am	9 Pentecost
July 28th	8:15 am	10 Pentecost
July 28th	10:00 am	10 Pentecost—Celtic Eucharist
Aug 4th	8:15 and 10:00 am	11 Pentecost
Aug 9th	7:00 pm	Taizé (online only)
Aug 11th	8:15 and 10:00 am	12 Pentecost
Aug 18th	8:15 and 10:00 am	13 Pentecost
Aug 25th	8:15 and 10:00 am	14 Pentecost
Aug 28th	2:00 pm	Friends of St. Luke's Day (See page 18)

For schedule of the Community Lunch and Social Hour see page 30.

- Evening prayer twice a week is available online only.
- The Sunday 10:00 am is live-streamed on the church YouTube channel.
- Sunday 10:00 am, Evening Prayer services, Taizé, and other online services can be played **at any time** after the time indicated. Go to www.stlukesburlington.ca and click on "Virtual Service". You can then click on the picture of the service you want. For services, the words for the hymns and the liturgy are included in the video so that you can follow along.

Parish Life



By the time this newsletter is published, many Parish Life Groups like Speakers Lunch and Music @ St. Luke's have gone on hiatus for the summer, and many of you will be heading off to cottages & summer vacations elsewhere. I hope that you will all have a safe and enjoyable summer, and that those of you that are around might be able to partake of some of our St. Luke's 190th anniversary events as they come up through the summer and fall. The Strawberry Social will be held on Saturday, June 22nd - feel free to boost up the fun by coming in period costume!

Lesley Emery — Parish Life Chair

Friends of St. Luke's Afternoon Hymn Sing and Tea

Each year about this time we begin making plans for Friend's of St. Luke's. This is an afternoon event held once each year, and will be taking place this year on Wednesday **August 28th**. We host it in recognition of the contributions of time, talent and financial support made over the years by our most elderly parishioners, who are still part of our parish family but may be unable to attend regular services due to advanced age, health and mobility issues.

It consists of a short service and hymn sing in the church, followed by sandwiches, tea and treats for our guests in the parish Hall.

We'll begin canvassing for volunteers during the month of June, to hopefully get a roster of willing volunteers before everyone goes away on holidays. Then we will begin the invitation process. If you feel that you can help out once again, or for the first time, please do call one of us at the contact info provided below, according to which area you wish to volunteer in. Martha will be happy to hear from anyone wishing to help out with set up, in the kitchen and with serving, and I will be canvassing for people who can transport guests to and from their homes to St. Luke's, welcomers, ushers and curb-side help.

We hope you can join us in helping to make this event enjoyable for all.

Many thanks in advance to all of you who are willing to help out.

Lesley Emery

Co-Ordinator - Friends of St. Luke's

Martha Hemphill (905) 632-6516 or arabellagore@gmail.com

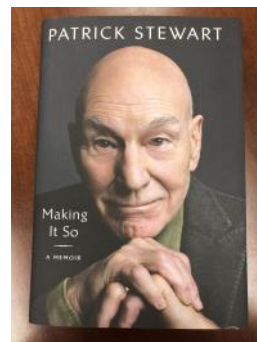
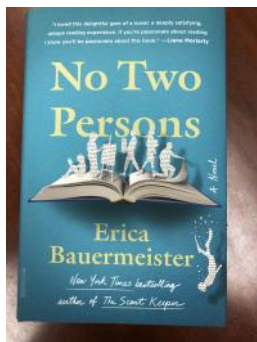
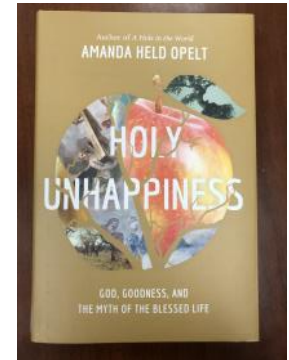
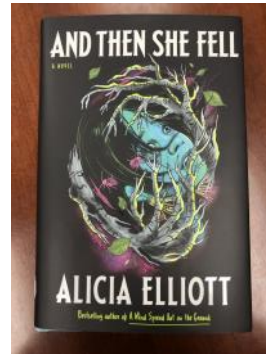
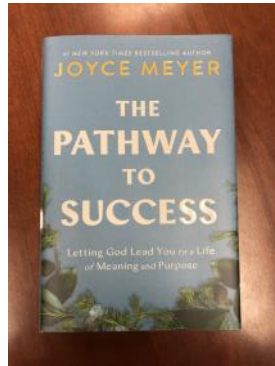
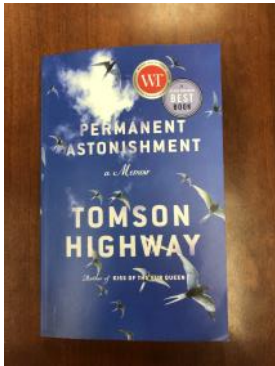
Lesley Emery (905) 802—7198 or echidna77@icloud.com

News and Views from the Adult Library



The library is to enhance the spiritual life of its readers.

We hope you will stop by the library very soon as we have several new books available! Be sure you are aware of the office summer hours as this is the time to access the library!



Melissa Kennedy — Library Chair

PIE MAKERS

The pie makers have been hard at work filling the freezers with tourtières in preparation for our next sale. **The spring sale will take place on Sunday June 2nd** in the parish hall following both the 8:15 (until approx. 9:30) and the 10am services. Be sure to stock up as the next sale will not be until the end of October!

Thank you to all our loyal customers who support our efforts. All our profits go directly to the operating funds of the parish.



Hope to see you on June 2nd!

Submitted by Sandra Tiernay

“Speaker’s Lunch”



The goal of the Speaker’s Lunch group is to provide opportunities for St. Luke’s parishioners, guests and others in the wider community to meet in a social setting and to listen to presentations by informed speakers about contemporary issues affecting our community and the world beyond.

The group meets at 11:30am on the second Thursday of each month for social time, followed by a “Bring Your Own Lunch” & a talk by the speaker of the month. Refreshments, including sherry are provided - all for a freewill donation of \$5.

All are welcome - please call Doug Flett (905-637-7009) or Tim Tiernay (905-639-0345) for more information. Your dedicated committee is hopeful that we continue to arrange a diverse and interesting list of topics and speakers.

Our “summer break” has begun, as we suspend our lunches for June, July and August due to many summer conflicts. Our spring schedule received great interest and feedback as we had Smith’s Funeral Home talk to us in March about wills, estates and funeral preparations. In April we had representatives from Burlington Transit tell us about route planning, Presto/ Metrolinx partnership, future plans and other challenges with running public transit. Our final luncheon before our break, saw Brian Lenahan, an Artificial Intelligence expert talk casually about this subject and how AI affects our life, both in a positive and not-so-positive way.

Watch for our schedule in the fall when we will learn about the fascinating history of Kilbride, the historic Brant Inn and during our Remembrance Day-themed luncheon, information about the AVRO Lancaster during WW2.

We have been pleased at the growing interest and attendance at the lunches. Please continue to spread the word as to the fun, fellowship and interesting subjects at our meetings. If you have any questions, suggestions as to subjects or speakers for future meetings, please contact;

Tim Tiernay (phone: 905-639-0345; email: tim.tiernay@bell.net).

Also, we are looking for new members to join our Committee. It is not much work and your help and ideas would be welcomed.

Lastly, if you have not provided your email address or text number in the past, please do as we will then be able to alert you to upcoming meetings and any changes.

We look forward to seeing you at one or more of these lunches in the future.

Spring Speaker's Lunch Pictures



Sarah Sunnicks from Smith's Funeral Home on March 14th, 2024



Burlington Transit on April 11th, 2024

Knitters & Friends Continue to Craft

by Mary Taslimi

Knitters & Friends continues through the summer months, with attendance going up and down depending on vacation and cottage time for members. “For where two or three are gathered together in my name, I am there among them.”

Dyana Layng recently crafted a cheerful red hat with “Cherries & Berries” yarn from Needles in the Hay wool shop on Water Street in Peterborough. Knitters do love popping into yarn shops wherever they go.... Knitters are also thrifty crafters, good at using up each other’s leftovers or deals they find in thrift shops! Lois Carey completed a spool knitting project found in the storage closet in Room 201, sewed it together and reinforced the shape with modpodge. Sometimes knitters even buy online (a little tricky, as colours are not always “true” between computer screens and in real life), as Mary Taslimi did with the yarn for her Artus Shawl (pattern by Natasja Hornby), still a work in progress. See photos for all three projects.

Knitters & Friends welcomes all friendly knitters and all friendly fibre-workers who crochet or work with yarn, thread, embroidery silk etc. Come for the crafting, stay for the company! Anyone wishing to join who does not have yarn or needles/hooks is welcome to browse the closet in Room 201 during meeting hours (10am - noon, Tuesdays) and select from donated yarns, tools and patterns.



Natasja Hornbys
Artus Shawl, work
in progress by Mary
Taslimi



Spool knitted bowl
by Lois Carey

Cherries and Berries hat work
in progress by Dyana Layng

St. Luke's Happenings



Easter Pageantry—He is Risen!!



Blessing of El Hogar Team on Easter Day



Saying Goodbye to Rose Wang, Our Theology Intern
Thank you for all your hard work!



St. Luke's Confirmation Graduates



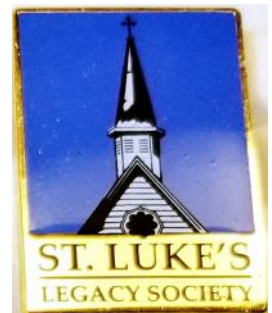
The Pancake Supper on Shove Tuesday was a great success, hosted by Mike Rupar and his team .



St. Luke's Legacy Society

"The Legacy Society is our way of collectively coming together in a meaningful and concerted commitment to give St. Luke's a future rich in its ability to minister and fulfill its mission."

<https://www.dropbox.com/scl/fi/45nx26dlaqm7zkv5opmwz/Legacy-brochure2023-final.pdf?rlkey=2eakxw647xo5pxa4xek2yh1oq&dl=0>



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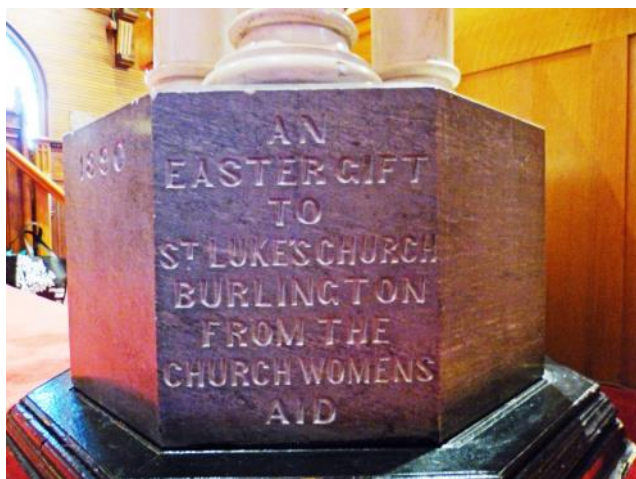
St. Luke's Baptismal Font: Its History, its Benefactors and its Symbolism

By Dorothy Kew



Some weeks ago, when I was church minding with Wendy Murray, we made an interesting discovery about the baptismal font. I'm ashamed to say that I've never really taken a good look at the font in all the time that I've researched the church's history. We were turning off the lights prior to leaving, and as I switched off the light over the area in front of the chancel steps, I realized that there were inscriptions on the base of the font. On one side was the date, 1890, and on the side beside it the following inscription:

"An Easter gift to St. Luke's Church Burlington, ON.
From the Church Women's Aid."



Wanting to find out more, I took a further look at the font and discovered another inscription, this time on the lid that covers the font when not in use for a baptism, as follows:

"In loving memory of Marion Mable Chapman, 3rd June 1908".



Baptismal Font—continued

These inscriptions piqued my interest and so I began researching the font further. The first thing that I discovered about the font itself is that it wasn't always in its present position. (I could have discovered this before had I read St. Luke's **Self-guided Tour!**)

The font has actually been in three different places in the church.



St. Luke's Interior, ca 1939, Courtesy St. Luke's Archives

It was first at the front of the church, beside the lectern, as in the above photo. This photo would have been taken sometime after 1939 when the two side aisles were changed to a large centre aisle. The font remained there until probably about 1952 when major repairs to the church were made; the chancel was extended by nine feet and the nave by thirty feet. At that time, the font would have been moved to its traditional location, at the back of the nave, still on the lectern side. Chris Hughes remembers that her eldest son was baptized there in 1971, but by 1974 when her second son was baptized, the font had been moved to its present position beside the pulpit.

I'm inclined to think that Canon Heathcote, our sixth rector, having come from England, would have been used to the font being at the entrance to the church, signifying the rite of baptism as the candidate's entrance into the faith. Conversely, it would have been Reverend Blackwell, our seventh rector, who had the font moved to its present location in the chancel, so that the congregation could take part in the candidate's entry into the church.

Baptismal Font—continued



The Women’s Aid, who gave the font to the church, had been founded by Kate Greene, wife of the first rector, Reverend Thomas Greene. The Women’s Aid eventually became the Women’s Auxiliary, which is now no longer active in St. Luke’s. So, who was Marion Mable Chapman, in whose memory the lid of the font was given in 1908? Marion Mable Chapman died June 3rd 1908, age thirty-three, of septicemia, caused by diphtheria. She was the wife of a civil engineer, Walter Peck Chapman, and mother of three children. At that time the family was living in Burlington on Nelson Avenue, but later moved to

Hamilton and then to Toronto where Walter Chapman remarried. I couldn’t find anyone who remembered the family, yet both Marion and Walter, who died in Toronto October 25, 1940, are buried in the churchyard.

In my research for this article, I found a few interesting facts about baptismal fonts in general which also relate to our font.

The base of a baptismal font can have either six sides or eight. The base of our font has eight sides. These represent new life through Christ – the seven days of Holy Week culminating in the eighth day of Christ’s resurrection. The bowl itself is supported by four columns, representing the four gospels or as Stuart says, the four cardinal points of the universe. The symbol on the side of the bowl, IHS, represent the first three letters of “Christ” in Greek. Around the top of the bowl is the inscription “Suffer the Little Children”.



One question that comes to me is ... given that St. Luke’s is 190 years old, what did clergy use for a font before 1890 when the Women’s Aid donated our font? It was suggested that perhaps they used a bowl set on a stand or table at the entrance to the church. The new font would have been a welcome addition as plans were being made for the expansion of the church.

Sources:

Elizabeth Crouch. St. Luke’s Timeline. Rev. 2012

W. Glen Cawker. Self-guided Tour of The Parish Church of St. Luke. Rev. 2009

I couldn’t find a specific source in Google on the symbolism of the baptismal font, just 27 bits and pieces here and there.

Ministry of Outreach

Contacts: Co-Chairs – Jackie Maver (905 681-6097) and Rosalind Reycraft (905 635-3976)

Mission Statement: Moved by the Holy Spirit and guided by the teachings and actions of Jesus the Christ, the Ministry of Outreach, in partnership with the community of St. Luke's, responds to the needs of our neighbours, locally, nationally, and globally by enabling, empowering, educating, and advocating.



Although the Outreach team will be taking a break from meeting during the summer, some of the programmes will continue. The team is always looking for new ideas as well as more team members. Please consider how you can help.

WALK TO THE LIGHTHOUSE

OUTREACH would like to invite you to take part in the WALK TO THE LIGHTHOUSE on September 22nd at 1pm, so please mark your calendars. The walk supports the mental health programme at Joseph Brant Hospital.



Watch the weekly bulletin for more information or get in touch with Jackie Maver 905 681 6097.

ADVOCACY BREAKFASTS

The Advocacy team is busy coming up with informative and interesting presentations.

Padre Antonio Illas, the Niagara Diocesan Missioner will speak on Saturday, June 15th, about Migrant Farm Workers Project in Niagara which helps the migrant workers who spend a good part of the year raising crops for us. Please check the bulletin to see how you can participate in the Zoom presentation.

We are very grateful to all our fellow parishioners and friends of St. Luke's for the loyal support shown throughout the long history of Social Justice programmes we have been able to share.

Submitted by Carrie Raybould on behalf of the Advocacy Team, Jackie Maver, Dave Beck, Rosalind Reycraft and Janice Skafel



10th ANNIVERSARY OF DOWNTOWN BURLINGTON COMMUNITY LUNCH

Ten years ago, in April, 2014, St. Luke's partnered with 3 other churches: Knox Presbyterian, Burlington Baptist, and St. John's Catholic Church in the downtown area to host a free community lunch for three months to see if it would be popular and practical. The trial project was a big success, and we started up again in the following September. Ten years later we are still at it. We had to shut down for the pandemic, but have bounced back with more volunteers and guests than ever.

Before that, St. Luke's had completed an extensive community assessment which showed that poverty was widespread in the downtown area, though often hidden from view. It also told us that our area had a large proportion of single seniors living alone. Sometimes these two groups overlapped. What could we do about it? We had opened our new, accessible church hall in 2006; could we host a lunch to address food insecurity and loneliness? Could donations from the more prosperous guests help us feed those who couldn't contribute financially? The answer was "yes".

Our partner churches were downtown churches that had all been interviewed during the community assessment. We received start-up funds from all four churches; today our volunteers come from all the churches, and from the community.

On April 17, we celebrated our anniversary. Here are a few pictures.

The Community Lunch is hosted by St. Luke's, and we partner with three other churches. Join us for a tasty meal and conversation.

We are open on the 1st, 3rd, and 5th Wednesdays of the month 11:00-1:30, October to May.



A full hall



The Buskers entertain

All meals are free with a free will offering basket available if guests wish to contribute towards the cost of the food.

We are however very dependent on monetary donations from pa-

Continued on next page

10th ANNIVERSARY OF DOWNTOWN BURLINGTON COMMUNITY LUNCH continued



Lots of conversations



Greeters Marilyn and Elizabeth



Busy in the kitchen



Guests having a good time!

Guests are mainly seniors from Burlington and include members of our congregation, our partner churches, and our community. Coffee and tea are served from 11:00-12:00, and lunch starts at 12:00.

Our May dates are 1, 15, and 29. Our lunches pause for the summer at the end of May. The Community Lunch resumes in October, on the following dates:

October 2, 16, 30

November 6, 20

December 4, 18

Heather White, Community Lunch Coordinator

dheatherwhite@gmail.com

905-632-1025

"For I was hungry and you gave me food, I was thirsty and you gave me something to drink,

I was a stranger and you welcomed me." Matthew 25:35

MADAGASCAR MISSIONS

We were pleased to receive an update from Anglican Missions Service advising us that a replacement for Mary Sherwood has been selected. You will remember that Mary suffered a stroke several years ago and had to retire from her missionary work in Madagascar. Since then we have received very little news from there.



Mary's replacement, Pamala Stickney, was born and raised in northern Ontario and is active at Christ Church, North Bay. She had hoped to visit the orphanage and school in Madagascar while Mary was still active but was not able to do so before Mary's sudden retirement. While she regrets that she was not able to take advantage of that period of mentoring, she is confident that Mary's groundwork and support network will enable her to step into the role. She is looking forward to learning how to best serve God and the children and youth of Madagascar.

We look forward to once again receiving regular updates about the orphanage and city centre mission once Pamala has had a chance to visit Madagascar. In the meantime, your prayers and support are very much needed and appreciated.

Submitted by Sandra Tiernay

TruEarth Products

Tru Earth Exciting Update from Outreach Mishamikoweesh Water Project...St. Luke's Outreach project that benefits PWRDF's Mishamikoweesh Water Partnership in Northern Ontario & Manitoba now has many more eco-friendly products from which to choose. You can now order from Eco-Collective as well as Tru-Earth!

St. Luke's earns a 20% commission on each order from either site to support this project. It's easy to order using one of the following links: tru-earth.sjv.io/StLukesAnglicanChurch or ecoc.sjv.io/StLukesChurch

Be sure to try the Platinum Laundry Strips!

Contact Rosemary Armstrong (rosemarymarmstrong@gmail.com) for more information



EL HOGAR PARTNERSHIP TEAM - APRIL 2024



Here's the traditional photo of our El Hogar team taken at the elementary school campus during their April trip.

They interacted with the high school students during the evenings as they sang, played games, did puzzles, drew, painted & enjoyed each other's company.

Soccer, playing with frisbees & juggling were also popular.



The presentation to the congregation on April 21st was moving as they shared their experiences, their dedication & enthusiasm.

They highlighted the difference our support makes.

You can still access their blog & Instagram account by going to <https://stlukesinhonduras.blogspot.com> & <https://www.instagram.comstlukesinhonduras/>

To quote from the team's blog: "We have shared fun and stories and are grateful for each one and all that has contributed to this experience as a team. A family actually. We recognize that we are blessed and we want to help where we can and continue to learn how to be partners with El Hogar. But this is only part of this ministry. You all help with your donations, your encouragement, and your prayers. We couldn't do it without you."



Elsie & Eileen with their bunnies & chicks to raise funds for El Hogar.

For more information please contact Ros. & Rick Reycraft 905 635-3976 rosreycraft@hotmail.com or Janice Skafel 905 332-0837 janice.skafel@outlook.com



Migrant Farm Workers Project



As we begin to enjoy the sunshine and warmer weather of spring and summer, many of us who live in the Burlington area will make the short trip to the many pleasant communities in Niagara Region to visit local wineries, purchase fresh fruit and vegetables, perhaps attend a play at the Shaw Festival, or simply to enjoy a relaxing drive through the countryside, with orchards and vineyards never far from view.

However, we may not be aware of the enormous contribution to the agricultural variety and abundance of this area which is made by over 4,000 migrant farm workers who journey to this part of Canada each year to carry out the vital tasks of planting, caring for, and harvesting the many crops which are such an important part of the economic foundation of this Region.

For over ten years, the Anglican Diocese of Niagara has operated a unique missional initiative known as the Migrant Farm Workers Project, with the objective of providing a variety of programs to support and enhance the quality of life and well-being of these temporary workers, the majority of whom come from Mexico or other Central American nations. The Missioner in charge of the Project's activities is Reverend Antonio Illas who spoke about the Project at an Advocacy Breakfast in October 2020.

St. Luke's has supported the Bikes for Farmworkers program for the past three years by collecting used bicycles, helmets, bike lights and other equipment, as well as used clothing for the migrant workers. At the present time there are space limitations which make it impractical for the Project to accept additional used bicycles. We will again request donations after we have been advised that the Project has obtained a new facility for accepting, repairing, and storing used bicycles.

The working conditions and living arrangements faced by migrant farm workers are very challenging – typically an eleven-hour working day, 50 to 60 hours per week, often in very hot weather, with accommodations which frequently are very basic. Under Ontario labour legislation, there is no overtime pay for more than eight hours worked in a day, and no additional compensation for working on a holiday.

Although migrant workers in Ontario have access to health care when required, and are

Migrant Farm Workers Project continued:

covered by “WSIB” (Workplace Safety Insurance Benefits) when unable to work because of a work-related injury, their legal rights are minimal. Seasonal workers are given what is known as a “tied working permit”, meaning that they can work for only one designated employer while in Canada. This is similar to the system of “indentured labour”, which was instituted by the European colonial powers in the seventeenth century to provide labour for farms and plantations throughout North America and the Caribbean. If a Canadian employer considers that a seasonal worker is unsatisfactory, or if the worker is injured in some way, the employer can immediately terminate the term of employment and have the worker sent back to his or her country of origin, with no right of appeal.

An organization called Justicia for Migrant Workers has been lobbying the federal government for several years to introduce a less restrictive legal framework which will permit seasonal workers to move from one employer to another, and to apply for permanent resident status in Canada, after a specified time period spent working as a temporary worker. These issues remain controversial, especially since the ongoing crisis of providing affordable housing for all Canadian residents has resulted in the Government of Canada reducing the number of temporary foreign workers in certain categories of employment who will be permitted to work in Canada in future years. Agricultural operations will be exempt from these reductions because of the difficulty of finding Canadian workers who are willing to engage in this type of physically demanding work at relatively low wages.

Submitted by Dave Beck

BURLINGTON UBUNTU GRANDWOMEN

The Burlington Ubuntu Grandwomen are preparing for their upcoming fall events such as their fundraising golf tournament in September and will be sharing information through their website www.thebug.com.

This group continues to meet regularly monthly at Burlington Baptist Church. Ongoing information about the work of the Grandmothers to Grandmothers Campaign and the activities presented by various other chapters in our local area are shared regularly.

Stay tuned to learn of future events.

Submitted by Carrie Raybould



NEWCOMER FAMILY —

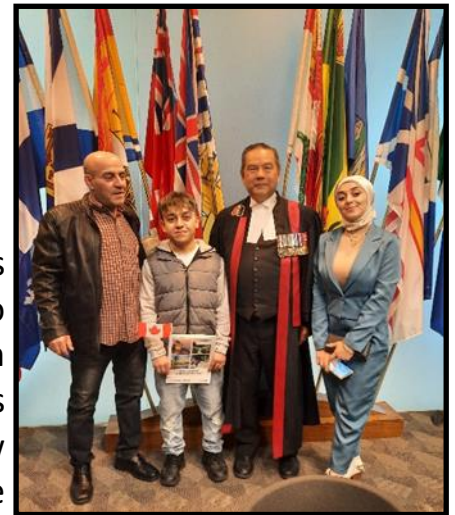


On April 26, Ahmed Hajj-Kasem received his Canadian Citizenship! Yes, the test is hard and you sing the National Anthem in French, (respecting our two official languages) but Ahmed was up to it all. He is very happy and it was an important event as he took the oath with 59 other new Canadians that day, from 19 different countries.

It was a great day to witness.

The Ceremony was wonderful and the Citizenship Judge was inspirational. He spoke with each candidate and discovered so many of the new citizens were already contributing to Canadian life through their entrepreneurial careers, university degrees and dreams fulfilled. He emphasized that now as new Canadians, that they too have a responsibility to be part of the reconciliation with the Indigenous Peoples of this country, that they need to show mutual respect to each other and the rest of the country, that they have to take responsibility like everyone else, to build a Canada for more equality and inclusiveness. It was good for us all to hear. At the end, we all sang the national Anthem and for 59 of us, for the first time as Canadian citizens.

Ahmed's Dad, Said, and his sister, Karima, were able to attend. His mother and sister, Rayan received their Citizenship last year.



The next step is to apply for his Canadian passport! Congratulations Ahmed.

Submitted by Janice Skafel

CHURCH MINDERS

The minders will be taking the summer off so the church will not be open for meditation & reflection on Thursday mornings. We do want to thank them for their dedication as they provide a valuable service to our community. To have the church open so people can enter for a time of contemplation in a time of need is invaluable.

They will return in the fall & are hoping to have more volunteers come forward so that the church can be open for 2 days each week so please consider being a volunteer. You will learn a lot about the history of the church as well as provide a much needed opportunity to members of our community who wish to stop by.

Please contact Avril Drake.



The Harlequin Singers in Concert

“Celebrating The History of Broadway”

A few of the Outreach group got together to bake for the reception for the upcoming **Concert for Children in Need**. We are looking forward to hearing **The Harlequin Singers** in concert in our Great Hall, on Saturday, May 25 at 7:30 p.m. and we invite you to join us.

The funds will benefit The Love, Jayne Foundation in Burlington and for Children at Risk in Gaza.

We invite you to attend. Tickets are available at Coffee Hour or from Jackie at 905-681-6097.

Reception to follow with those tasty goodies provided by members of Outreach.

If there is anyone who requires a ride to the concert, please call 905-332-0837



“Celebrating The History of Broadway”



Saturday, May 25th, 2024

7:30 P.M.

St. Luke's Anglican Church

1382 Ontario Street (Parish Hall), Burlington

Presenting

The Harlequin Singers

To support children in need, locally through

The Love, Jayne Foundation and for Children at Risk in Gaza

Tickets \$25

By calling [905-681-6097](tel:905-681-6097)

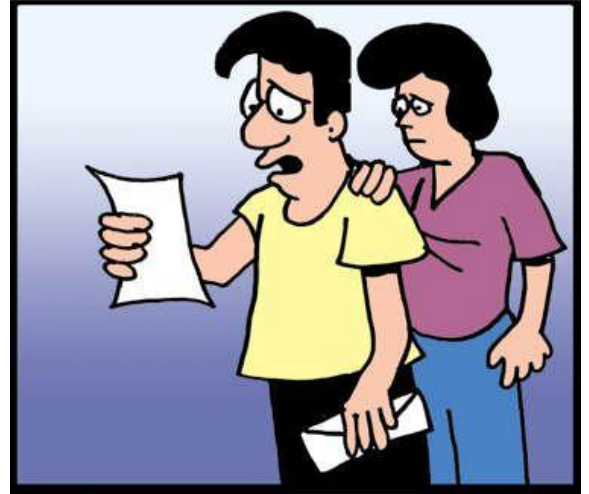
(Please bring a non-perishable item for the St Luke's Food Bank)

Editor's Sense of Humour

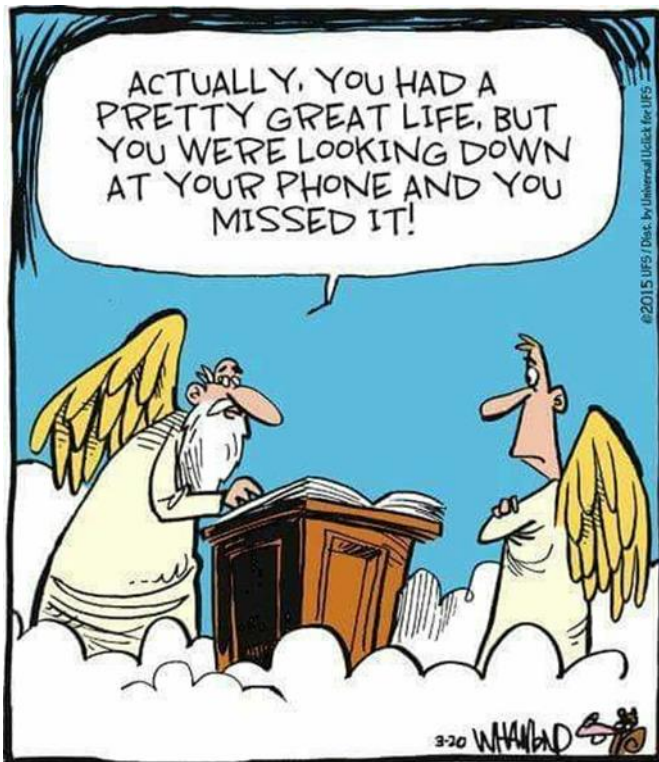
Your Reward (or Punishment) for Reading to the End



CHURCH OF THE COVERED DISH by Thom Tapp



"Its from our church... we've been called up for active duty."



Editor's Sense of Humour

Your Reward (or Punishment) for Reading to the End

Church Bulletin Bloopers

**For those of you who have children and don't know it, we have a nursery downstairs.

**Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

**At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

**Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

A church treasurer and a church warden are in a car crash and it's a bad one. Both of their cars are demolished but amazingly neither one of them is hurt. After they crawl out of their cars, the treasurer says "That's interesting; we are both Christians. Wow, just look at our cars! There's nothing left, but we're unhurt. This must be a sign from God that we should meet and be friends and live together in peace."

The warden replies, "Oh, yes, I agree. It's a miracle that we survived and are here together."

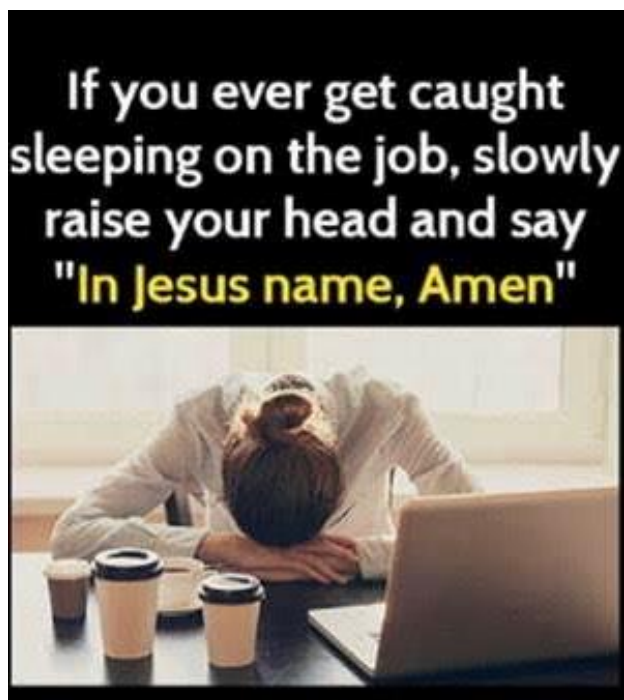
"And here's another miracle," says the treasurer "My car is destroyed but this bottle of wine didn't break. Surely God wants us to drink the wine and celebrate our good fortune," he says, handing the bottle to the warden.

The warden nods in agreement, opens the wine, drinks half of it, and hands it back to the treasurer

The treasurer takes it and puts the cap back on.

"Aren't you going to have any?" asks the warden.

"Not right now," says the treasurer. "I think I'll wait until after the police make their report."





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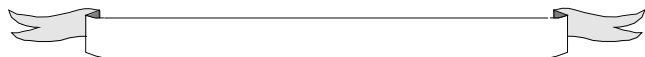
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Newsletter Editor's Notes: In an effort to reduce paper usage and save postage expenses we also post this newsletter **in colour** online at www.stlukesburlington.ca. If you prefer to read the online version, please let the office know and we will stop mailing this to you. A special thanks to Dorothy Kew for supplying many of the pictures in the Newsletter.

If you would like to submit an article or photograph for this publication, please e-mail newsletter@stlukesburlington.ca

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